

BBC Learning English –Real English

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关于台词的备注:

请注意这不是广播节目的逐字稿件。本文稿可能没有体现录制、编辑过程中对节目做出的改变。

Real English: Skinny Latte 脱脂拿铁咖啡

- Vicki:** Hello and welcome to Real English, where you can find out about English words and expressions that might not be in your dictionary. I'm Vicki.
- Helen:** 大家好，我是Helen。
- Vicki:** You know Helen, I could really do with a coffee. I'd love a skinny latte.
- Helen:** 你想喝什么？
- Vicki:** A skinny latte.
- Helen:** 是一种咖啡吗？
- Vicki:** Yes. Coffee shops in the UK are getting more and more like American ones, with lots of different choices of coffee. You could have a cappuccino.
- Helen:** 卡布奇诺咖啡。
- Vicki:** Or an espresso.
- Helen:** Espresso, 特别浓缩的咖啡。
- Vicki:** Or a latte – that's a shot of strong espresso coffee with a whole cup of hot milk.
- Helen:** 听着可真香啊。
- Vicki:** Latte is actually the Italian word for milk. So *caffè latte* really means a milky coffee.
- Helen:** 那么 a skinny latte 又是什么意思呢？
- Vicki:** Well because a latte has a lot of milk, it can be quite fattening, so people who are on a diet have it made with skimmed milk.
- Helen:** 因为拿铁咖啡一般是用全脂牛奶做的，那么热量很高，容易长胖，所以很多爱美人士就要求用脱脂牛奶来代替。
- Vicki:** And that's a skinny latte



- Helen:** Skinny 本意是形容人长得很瘦 – 那么喝脱脂咖啡就给人感觉像是在减肥。
- Vicki:** That's right.
- Helen:** 还有什么有趣的咖啡名称吗?
- Vicki:** Well in the summer-time you might have a café frappe. That's an iced coffee.
- Helen:** 冰咖啡。
- Vicki:** And the coffee chain Starbucks sell frappucinos. They're flavoured iced coffee drinks. They've made up that name by combining cappuccino with frappe.
- Helen:** A frappucino 加了其它调料的卡布奇诺咖啡。
- Vicki:** Well now you know about all the different types of coffee you could order.
- Helen:** 是啊, 咖啡品种可真是太多了。不过我们最初提到的那个品种是:
- Vicki:** A skinny latte.
- Helen:** 用脱脂牛奶冲出来的拿铁咖啡。
- Vicki:** Join us next time for more Real English. Bye.
- Helen:** 再见。

