

Fear 恐惧

What are you scared of and why?

你害怕什么，为什么？

This is what some people in London told us:

Woman: I'm afraid of spiders. One night, I had a spider come in from my window and it could actually roll itself up into a little ball which scared me to death and so then I went and slept in the living room instead.

Man 1: Heights! I didn't think I was scared of heights, but when I was in Kuala Lumpur I went to the Petronas Towers and then I climbed to the top of it. I looked out the window and then basically I had to sit on the floor in the middle of the building because I just didn't know what happened to me, it was too high, too scary!

Man 2: Evil clowns. Because they're funny but deadly!

Did you know...? 你知道吗...?

Fact

A survey in the UK found that 1 in 7 people are scared of going to the dentist.

Language tip

'Phobia' is a word that means a persistent, abnormal, and irrational fear of a specific thing or situation that compels one to avoid it, despite the awareness and reassurance that it is not dangerous.

Cultural tip

A traditional Chinese lion dance is performed to scare away evil spirits but also to summon good luck.

Here is the webpage for this programme:

www.bbc.co.uk/ukchina/simp/elt/ask_about_britain/111018_ee_39_fear_story.shtml