### BBC Learning English - Authentic Real English 地道英语

#### About this script

Please note that this is not a word for word transcript of the programme as broadcast. In the recording and editing process changes may have been made which may not be reflected here.

# 关于台词的备注:

请注意这不是广播节目的逐字稿件。本文稿可能没有体现录制、编辑过程中对节目做出的改变。

## Hold Your Horses 别太急/沉住气

William: Hello and welcome to Authentic Real English. My name is William Kremer.

Li: 大家好我是杨莉, William, 今天的新词语是什么?

William: Well, hold on a second Li, let me just play you -

Li: 不行不行,告诉我嘛 – 到底是那个短语?

William: Well, we'll come onto that in a minute but I've got some special FX for

you...

Li: 什么特殊音效?! 特殊音乐? 你还不知道嘛,我们的听众对此并不感冒! 他们想学的是

地道英语,而且你最好还是开门见山!不要兜圈子,说吧,到底是哪个短语?

William: Li, hold your horses!

Li: Hmmm?

William: Hold your horses. It means: be patient.

Li: Hold your horses, 字面意思是勒住马缰,引伸意思是,耐心点。So where does

this phrase come from, William?

William: Well, apparently it comes from battles in times of war:

## **Example**

FX - Battle re-enactment noise

Man: Hold your horses men!

FX - gunfire, horses whinnying

Li: Wow, Will, your FX this week are really special!

William: Hmmm – I know! In that clip we heard a soldier telling his men to hold

their horses before he started firing weapons.



Li: But nowadays, I am guessing, you don't need to be a soldier to use this

phrase, right?

William: Right, exactly. It means don't rush, be patient. Let's hear a couple of

examples:

**Examples** 

Man: I've just gone online to order us some new computers. What's our charge

code again?

Woman: Ah, well you're going to have to hold your horses! I haven't agreed a

budget yet with the management team.

Man: I've just spoken to Mark -

Woman: Have you indeed? Well don't listen to a word that man says! He's never

liked me...

Man: Hey, hey hey! Hold your horses. We didn't discuss you at all, as a matter of

fact.

Li: 以上第一段对话中的男子急迫地要去订购一些电脑,但是,在公司还没批准之前,他必

须要耐心等待;要 hold his horses.

William: Hmm. And the second example was slightly different. In that clip we heard

a woman interrupt the man because she thought that she knew what he

was going to say.

Li: 是的,讲话的男子告诉讲话的女子别急,hold her horse 等他把话说完。

William: Yes, but Li we never say "Hold your horse"; we always say "Hold your

horses".

Li: Oh, OK, thank you. I'll bear it in mind. But, er, Will...?

William: Yeah?

Li: Can you hold this for me?

Horse whinnying

