

## BBC Learning English – Authentic Real English

### About this script

Please note that this is not a word for word transcript of the programme as broadcast. In the recording and editing process changes may have been made which may not be reflected here.

### 关于台词的备注:

请注意这不是广播节目的逐字稿件。本文稿可能没有体现录制、编辑过程中对节目做出的改变。

---

### Icebreaker 打破冷场

**Wang Fei:** 大家好, 欢迎收听《地道英语》节目。我是王飞。

**Rob:** And hello, I'm Rob.

**Wang Fei:** Rob, I'm going on a hot date tomorrow and I'm feeling a bit nervous. I think I need your help now.

**Rob:** Ok, it is a scary thing to do. What you need is some kind of icebreaker.

**Wang Fei:** An icebreaker? That sounds cold!

**Rob:** Don't worry it's not, but an icebreaker has got something to do with warming up a cold situation. It will make things more relaxed.

**Wang Fei:** 我明白了。An icebreaker 也就是避免冷场或者打破尴尬场合的事情或者人, 目的就是活跃一下气氛, 或者让大家彼此感到放松。So, an icebreaker will make things less formal then?

**Rob:** Yes that's right. Doing something or saying something at the start will hopefully make your date more relaxed and less tense.

**Wang Fei:** 嗯。An icebreaker 也就是一个打破尴尬场合的好方法, 可以让气氛不那么正式, 也让彼此感到不那么紧张。Maybe I should sing a song or do a dance?!

**Rob:** Hold on! That's a bit over the top. Why not start with a joke?

**Wang Fei:** 既然唱歌或者跳舞会有点儿 over the top 有些过火。Ok, I will think of a joke then.

### Examples

*A: Telling a joke is an excellent icebreaker.*

*B: That party needed an icebreaker to make it less formal!*

**Wang Fei:** 我们刚才听到的例句中使用了 icebreaker 这个词, 意思都是说让气氛变得不那么正式, 不至于出现冷场、僵局。Icebreaker literally means breaking the ice?

**Rob:** It does. You can do it when you start a new job. Everything feels so formal that it's good to break the ice. We British can be a bit reserved or formal so it's good if someone can break the ice.

- Wang Fei:** 是的，有时候英国人可能会比较矜持、正式，所以最好有人来打破冷场了。 Rob I'm not good at jokes. Do you have any I can use?
- Rob:** Ok, well let's have a think. How about telling this one? "With my last girlfriend it was love at first sight – then I took a second look!"
- Wang Fei:** It's a very good joke! Honestly, did it work for you?
- Rob:** Well, no it didn't. But it might be good for you!
- Wang Fei:** Hmmm... Actually I think I would rather find a good story on our website as an icebreaker.
- Rob:** Yes. Don't forget our website is a good place to learn some English phrases that might help you break the ice at a party.
- Wang Fei:** 是的。听众朋友，请别忘了登录我们的网站收听更多的地道英语表达。 Our website is ...
- Rob:** [www.bbcukchina.com](http://www.bbcukchina.com). Bye bye.
- Wang Fei:** Bye!

